

Muntaha Zia

Muntaha.zia@gmail.com

0342-2176074

Being a psychologist and a mental health professional I would like to facilitate the people suffering from different psychological problems and mental disorders and furthermore I would like to explore more of the therapeutic process and techniques.

Academic Qualification

- MS Clinical Psychology (2017-2019), IPP-Bahria University.
- BS Professional Psychology (2017), Institute of Professional Psychology-Bahria University.
- HSSC, Pre-Medical (2012), Bahria College Karsaz- Karachi
- SSC, Science (2010), Hamdard Public School Karachi.

Work Experience

- Visiting Faculty at Institute of Professional Psychology, Bahria University, Karachi Campus February 2020-Date
- Associate Psychotherapist at “The House of Pebbles” January 2020- Date
- Counselor and Remedial Therapist at The Circle- Caring for Children December 2019-July 2020
- Associate Psychotherapist at Umeed e Nau Clinic September 2017- December -2019
- Secondary School teacher at The Smart School March 2017-August 2017

Internship Experience

- Associate Psychotherapist at Umeed e Nau Clinic September 2017- Date
- Internee at The Jinnah Post Graduate Medical Center Feb 2015- June 2015
- 20 hrs. Summer Internship at Institute of Professional Psychology June 2014

Conference Presentations

Presented Research Abstract titled as Relationship between Father and Daughter and its effects on daughter’s psychological well being

Hard Skills

- Command on SPSS
- Command on Typing (English and Urdu)
- Trained in psycho-diagnostic assessments and reports.
- Basic to Advance Course in MS Office (Word, Excel & Power Point)

Soft Skills

- Counseling Skills
- Leadership Skills
- Presentation Skills
- Teamwork and Individual
- Flexible

Reference: Available on Request.